

Carrie Sheets, Ph.D., LLC
Licensed Psychologist

MINORS AND PARENTS

If a patient is under eighteen years of age, the law may provide parents the right to examine their child's treatment records. When I am seeing adolescents twelve and over in individual therapy, it is my policy to require parents to agree to give up personal access to their child's records. However, I will certainly provide those records to another mental health care provider for review, if the parents wish a second opinion. My purpose in requiring this agreement is to establish a trusting relationship with my adolescent patients, so they will feel free to communicate with me openly. Parents who want their child to profit from their sessions with me will respect their child's need to have a safe sounding board.

However, in spite of this agreement, I will provide parents with general information about the progress of their child in treatment, and his/her attendance at scheduled sessions. Any other communication will require the child's authorization, unless I feel that the child is in danger, or is a danger to someone else. In such cases, I will notify parents of my concern. Before giving parents any information, I will discuss the matter with the adolescent, if possible, and do my best to handle any objections he or she may have with what I am prepared to discuss.

Your signature below indicates that you have read the information in this document and agree to abide by its terms during our professional relationship.

Patient

Practitioner

Patient's Parent or Guardian

Date